

# Expert Buys

We asked three pros to share their favorite drugstore products.

**JEANINE DOWNIE, MD,**  
DIRECTOR OF IMAGE  
DERMATOLOGY IN  
MONTCLAIR, NEW JERSEY,  
AND COAUTHOR OF

**BEAUTIFUL SKIN OF COLOR**

**Aveeno Positively Radiant  
Cleanser (\$7):** "I love that  
this cleanser contains soy,  
because it's such a smart  
ingredient—it brightens the  
complexion and balances it,  
too, by moisturizing dry areas  
and controlling oily ones."

**Eucerin Extra Protective  
Moisture Lotion SPF 30 (\$10):**  
"An all-around excellent face  
moisturizer: it's lightweight,  
oil-free, nonirritating, and  
it protects the skin from both  
UVA and UVB rays."

**Mark Self Sanctuary Exfoliating  
Polish in Grapefruit Ginger  
(\$5):** "One of the gentlest body  
scrubs I've found, it contains  
little beads that slough the skin

without scratching. Oh, and  
it smells unbelievably good!"

**Joico K-Pak Shampoo (\$11):**  
"This protein shampoo really  
strengthens weak, damaged  
hair. I recommend it to all  
my patients—black, white,  
Latino, Asian—especially  
those with color-treated hair."

**Cetaphil Moisturizing Lotion  
(\$9):** "The ultimate nongreasy  
body moisturizer, it doesn't  
contain lanolin, fragrance,  
or many preservatives, so it's  
mild enough for even my  
sensitive skin."

**NUNZIO SAVIANO,**  
HAIRSTYLIST AT NEW YORK  
CITY'S RITA HAZAN SALON  
**Sebastian Shaper Plus Hair**

**Spray (\$12.50):** "Even my clients  
who hate hairspray like Shaper  
Plus, because it gives them  
soft, flexible hold and doesn't  
coat the hair with a stiff, sticky  
film. It's the only spray I'll use  
on updos."

**Dove Intense Moisture  
Shampoo (\$4):** "It hydrates  
without making hair limp or  
heavy, so it's especially good  
for thick curls that tend to  
be very dry."

**John Frieda Frizz-Ease Original  
Formula Hair Serum (\$10):** "It  
lends a nice sheen, sure, but  
I really like how it protects and  
lubricates the hair, so my brush  
slides through without pulling."

**Alberto VO5 Hot Oil Hair  
Treatment (\$3.50):** "Hot oil,  
used maybe once a week, adds  
moisture and softness to dry  
or overprocessed hair. And I'm

always amazed by the shine it  
leaves behind."

**Conair Thermal Self-Grip  
Rollers (\$8 for a pack of 12):**  
"These are great for creating  
tons of body. They're easy  
to use, they heat up fast, and  
they don't tug at the hair  
when you take them out."

**MARIA VEREL, CELEBRITY  
MAKEUP ARTIST**

**Black Radiance Eyeshadow  
Quartet in Desert Clay (\$4.50):**  
"My absolute favorite shadow  
palette. These shades are  
intense—highly pigmented—  
and look pretty on everyone  
from women of color to blue-  
eyed blondes."

**ChapStick Lip Balm (\$1.50):** "I  
slather this stuff everywhere—  
lips, cuticles, chapped skin—and  
love using it as a base for lip  
liner, since it keeps color from  
feathering. In a pinch, it makes  
a good brow gel, too."

**Maybelline Lash Discovery  
Mini-Brush Mascara (\$7):**  
"It never clumps, it comes  
off easily, and its skinny  
brush—genius for reaching  
those tiny inner lashes—lets  
me build up color from a  
sheer tint to a rich, dark coat."

**L'Oréal Colour Riche  
Lipcolour in Tawny  
(\$8.50):** "I can't think  
of a client who hasn't  
wanted to take  
home this versatile  
nude from my  
kit. Worn alone, it's  
gorgeous. It blends  
beautifully with shades  
that need softening. And on  
fairer skin tones, it can  
double as a cream blush."

**Olay Daily Facials Express  
Wet Cleansing Cloths  
(\$5):** "So handy! I use them  
daily to remove makeup  
and to clean my brushes."

—J.E.



From left: Jeanine  
Downie, MD,  
hairstylist Nunzio  
Saviano, and  
makeup artist  
Maria Verel.