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**SELA WARD/53**

NEW MOVIE, NEW OUTLOOK  
"THE BIGGEST GIFT OF  
AGE IS NOT BEING AFRAID ANYMORE"

OCTOBER 2009  
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# THIS IS WHAT 44 >>> LOOKS LIKE

Dermatologist **JEANINE DOWNIE**  
isn't afraid to speak her mind  
or show a little leg



→ **On becoming an MD**

"I'm a third-generation physician. My grandfather was a dentist and my mother's a pediatrician—and was the first black woman to graduate from her medical school in 1960. I chose to go into dermatology because I had terrible acne as a teen."

→ **On her antiwrinkle strategy**

"I inject Botox into my own frown lines because I find it's most efficient—I'd never find the time to visit another doctor's office. I also apply SkinMedica TNS Essential Serum [\$250; [skinmedica.com](http://skinmedica.com)] every morning and do an in-office chemical peel about once a month."

→ **On working her assets**

"Years of ballet have given me toned legs, and I like showing them off. My wardrobe is filled with dresses and skirts, which I've lived in since I was a girl in Catholic school—although I've ditched the knee-socks and penny loafers."

→ **On her makeup must-haves**

"Bobbi Brown is both a friend and a patient. I love her Creamy Under-Eye Concealer in Honey [\$22; [bobbibrowncosmetics.com](http://bobbibrowncosmetics.com)], which matches my skin perfectly."

—As told to Nikki Ostasiewski