

NEWBEAUTY

THE BEAUTY AUTHORITY

SUMMER-FALL 2018

Elle
 MACPHERSON
 at 54

THE
 BEST
 TIME
 TO
 LIVE



HOLLYWOOD'S FAVORITE
**SECRET
 SURGERY**

RADIANT skin SHINY hair

INSIDE:

+ The Newest Lunchtime Laser
 Head-to-Toe Vampire Facials
 Summer's Best New Serums
 Amazing Makeovers

THE SPF EDIT

Dermatologists and swimsuit designers may have different day jobs, but they both share a passion for sunscreen. Here, their favorites.

NEWBEAUTY
**TOP
 DOCTOR**
 Turn to page 137 to
 find one near you.



Kim Nichols, MD
 GREENWICH, CT
 DERMATOLOGIST
 @nicholsmd_dermatology

"EltaMD UV Aero Broad-Spectrum SPF 45. I both wear it and recommend it to patients!"

Jeanine Downie, MD
 MONTCLAIR, NJ DERMATOLOGIST
 @jeaninedownie

"Total Defense + Repair by SkinMedica. It is anti-UVA, anti-UVB AND anti-infrared. It rubs right in, even on my dark skin, and it doesn't leave a whitish or grayish residue. It is also oil-free and doesn't clog pores. I am crazy about this product because it also provides antioxidants and anti-aging ingredients, which decrease my fine lines and wrinkles. I use it on my face, my neck and the backs of my hands every single day. And then I reapply it. I love this product!"

Ingrid Warmuth, MD
 ELMER, NJ DERMATOLOGIST
 @warmuthinstitute

"Neutrogena Clear Face is a go-to. It is oil-free, water-resistant for up to 80 minutes, won't cause breakouts, and offers broad-spectrum protection. I like the convenience of it and every corner drugstore sells it. Acne patients get great use of it as well because it is noncomedogenic."

Ruth Hillelson, MD
 RICHMOND, VA
 PLASTIC SURGEON
 @iridesseskincare

"My personal favorite sunscreen is Physical Fusion by SkinCeuticals. It gives me great protection and goes on smoothly."

Vivian Bucay, MD
 SAN ANTONIO DERMATOLOGIST
 @bucay_dermatology

"Forever Young Body Butter with Sea Buckthorn SPF 40 PA+++ by Supergoop! I apply it to my body after showering. It's moisturizing, absorbs quickly and doesn't leave a white residue."

Dendy Engelman, MD
 NEW YORK DERMATOLOGIST
 @drdendy

"Colorescience Sunforgettable is a powder block that I love for providing broad-spectrum UV protection with micronized titanium dioxide particles. It is so great for reapplication throughout the day—especially over makeup where liquid sunscreens are less than ideal."