

NEWBEAUTY

THE BEAUTY AUTHORITY

SUMMER-FALL 2018

Elle
MACPHERSON
at 54

THE
MIS
IS
THE
M

HOLLYWOOD'S FAVORITE
**SECRET
SURGERY**

RADIANT skin SHINY hair

INSIDE:

+

The Newest Lunchtime Laser
Head-to-Toe Vampire Facials
Summer's Best New Serums
Amazing Makeovers

MEDICAL ADVISORY BOARD

FUTURE PERFECT

What is the most innovative
beauty treatment on the market?



DERMATOLOGY
Dr. Tina Alster
DIRECTOR OF THE
WASHINGTON INSTITUTE
OF DERMATOLOGIC
LASER SURGERY
@drtinaalster

"Combining treatments, such as microneedling or lasers, with various topical and intralesional injections for the treatment of scars."



DERMATOLOGY
Dr. Kenneth R. Beer
FOUNDER AND DIRECTOR
OF COSMETIC BOOTCAMP
palmbeachcosmetic.com

"Pairing body-contouring devices that tighten skin or freeze fat with Sculptra Aesthetic injections to create collagen is changing the way we treat areas off the face."



PLASTIC SURGERY
Dr. Bradley Bengtson
GRAND RAPIDS, MI
PLASTIC SURGEON
@bengtsoncenter

"MiraDry has traditionally been used for hyperhidrosis patients, but is now being mainstreamed to treat any patient desiring a reduction in sweat and axillary odor."



FACIAL PLASTIC SURGERY
Dr. Kelly Bomer
SCOTTSDALE, AZ
FACIAL PLASTIC SURGEON
rejuvent.com

"Microneedling with radio frequency is a new treatment that has the potential to tighten skin and melt subcutaneous fat. As with all new, heat-based therapies, time will show the best techniques to achieve desired results."



DERMATOLOGY
Dr. Joel Cohen
DENVER DERMATOLOGIST
aboutskinderm.com

"The pendulum is swinging back to procedures that deliver great results with one treatment session. Patients used to want to have no downtime, but now 10 to 14 days of healing time as the result of one full-field erbium resurfacing laser for the etched-in lines around the mouth and eyes is worth it to them."



DERMATOLOGY
Dr. Charles E. Crutchfield III
EAGAN, MN
DERMATOLOGIST
@CrutchfieldDerm

"Using patients' own growth factors and cytokines to rejuvenate skin and promote hair growth, the use of platelet-rich plasma (PRP) is one of the most exciting advances in our field since Botox."



FACIAL PLASTIC SURGERY
Dr. Steve Dayan
CHICAGO FACIAL PLASTIC SURGEON
drdayan.com

"When using PRP, I've seen better skin-rejuvenating benefits when paired with microneedling, heightened hair growth when combined with supplements and better scar results when paired with fillers."



DERMATOLOGY
Dr. Jeanine B. Downie
MONTCLAIR, NJ
DERMATOLOGIST
@drjeaninebdownie

"There has been a surge in patients willing to undergo combination procedures as they look more at their entire face in relation to aging—the texture of their skin, volume loss, fine lines and wrinkles."



OCULOPLASTIC SURGERY
Dr. Steven Fagien
BOCA RATON, FL
OCULOPLASTIC SURGEON
drfagien.com

"Using the concept of lights and shadows, a technique borrowed from artists over the ages, we now have a better understanding of how to get better results with injectable agents for our patients."



PLASTIC SURGERY
Dr. Julius W. Few
DIRECTOR OF THE FEW INSTITUTE
FOR AESTHETIC PLASTIC SURGERY
@JuliusFewMD

"The concept of prejuvenation: the dedicated effort of using our understanding of aging to prevent its signs before they appear with nonsurgical strategies that are cost-effective."

► Get even more advice from our board members at newbeauty.com/board