

# NEW BEAUTY<sup>®</sup>

THE BEAUTY AUTHORITY

## THE FIX IT ISSUE

spots  
wrinkles  
dark circles  
cellulite  
and more...

say good-bye  
to your biggest  
beauty problems!



the new obsession  
**“SELFIE”  
SURGERY**  
has it gone  
too far?

NEWBEAUTY.COM  
A SANDOW PUBLICATION

10 SUPER EASY WAYS TO  
**LOOK  
YOUNGER  
FAST!**

*Gillian  
Anderson*  
her supernatural  
anti-aging  
secret

trend.



A LEG UP

## THINNER THIGHS

THINK THE FAT FIGHTER KYBELLA IS LIMITED JUST TO THE CHIN AREA? THINK AGAIN. THIS NEW OFF-LABEL USE HAS WOMEN LINING UP FOR THE TREATMENT.



Despite the fact that fillers and injectables are approved for explicit purposes, doctors always find new ways to use them off-label. Case in point: The FDA-approved fat-fighting injectable Kybella has made its way off the face and onto the body. “We’re now using it off-label to treat fat on the inner thigh,” Montclair, NJ, dermatologist Jeanine Downie, MD, says. “It’s not pain-free—it

definitely burns and stings during and after the treatment—but some patients are losing up to one inch off their thighs in a single session.” While the treatment is expensive due to the amount of product needed to treat the area, Dr. Downie says the 10-minute procedure (you’ll need at least four sessions) gives a liposuction-like result without the wavy look that some women can get from having their thighs treated with surgery.

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—DR. DOWNIE

